

## Winter Aquatics

### **SWIM LESSONS!**

**Winter Session** ( 8 weeks)

Registration begins January 2, 2012

Session begins January 16, 2012

ends March 9, 2012

#### Parent/ Child

**Member \$36**

**Non-member \$36**

Monday 6:00-6:30pm\*

Wednesday 6:00-6:30pm\*

Saturday 9:00-9:30am\*

#### Preschool Classes

**Member \$36**

**Non-member \$36**

#### *Pike/Eel*

Monday 6:30-7:00pm\*

Wednesday 6:30-7:00pm\*

Saturday 9:30-10:00\*

#### *Ray/Starfish*

Monday 7:00-7:30pm\*

Wednesday 7:00-7:30pm\*

Saturday 10:00-10:30am\*

\* denotes class held in therapy pool

**Classes in the therapy pool are the same price for members or non-members**

#### Youth

**Member \$36**

**Non-member \$46**

#### *Pollwog*

Monday 6:30-7:15pm

Wednesday 6:30-7:15pm

Saturday 9:00-9:45am

#### *Guppy*

Monday 7:15-8:00pm

Wednesday 7:15-8:00pm

Saturday 9:45-10:30am

#### *Minnow/Fish*

Monday 8:00-8:45pm

#### *Flying Fish/Shark*

Wednesday 8:00-8:45pm

#### Adult

**Member \$36**

**Non-member \$46**

Wednesday 8:00-8:45pm

Wednesday 10:10-10:55am

## **Life Guard Certification & Re-Certification Course**

**You must be able to complete the following in order to register for the class. The class will be limited to the first 15 registrants that pass prerequisites testing:**

- Minimum of 16 years of age by the completion date of the course. Written parental consent is required for those under 18.
- Be able to properly demonstrate the following skills:
  - Swim 500 yards
  - Tread water for 15 minutes
  - Surface-dive headfirst and feet-first in 7ft of water to retrieve a 10 lb brick
  - Swim underwater for 15 feet

Cost: \$250.00 includes the following:

- Lifeguard Manual
- CPR Facemask
- CPR, First Aid, Oxygen Administration Certification and Y of the USA Lifeguard certification cards

The course will begin with First-aid/CPR/Oxygen Admin on Monday, December 19<sup>th</sup>, 9:00 am at the Collinsville YMCA. Please contact ***Jennifer Harris 632-6427***, for information on taking the prerequisite test, specific class dates, times, and location, and to register for this course.

